

## ALAN AMBRISTER

Phone: 602-6252813  
Email: paul@houseofrefuge.us

### Employment History:

#### **Laborer**

7/2009 - Current                      *Labor Ready*    Phoenix, AZ

Various construction assignments. Demolition, digging trenches, electrical wire pulling, electrical conduit, installation of water and electrical pipes, remodel, production, shipping and receiving.

#### **Laborer**

1/2007 - 10/2007                      *Commercial Staffing*    Phoenix, AZ

Worked at Holsum Bakery in shipping and receiving. Verify and keep records on incoming and outgoing shipments. Prepare items for shipment, which included assembling, addressing, stamping, and shipping merchandise; receiving, unpacking, verifying and recording incoming merchandise; and arranging for the transportation of products.

#### **Maintenance**

6/2006 - 1/2007                      *McDonald's*    Phoenix, AZ

Maintenance upkeep of facility. Relief team member. Perform work involving maintenance of grills, deep fryers, shake and fountain drinks machines and keeping freezer and work area clean, to also include interior and exterior facilities.

#### **Independent Contractor**

2/2005 - 6/2006                      *Horizon Moving Systems*    Phoenix, AZ

Residential office and commercial relocation. Moved household goods and performed commercial installations and logistics.

#### **Commercial Mover**

2/2002 - 2/2004                      *Beltman Moving and Storage*    Phoenix, AZ

Moved household goods and office furniture, amongst other types of furniture. Performed construction installation of office furniture, warehouse inventory, as well as shipping and receiving.

**ALAN AMBRISTER**

Phone: 602-6252813

Email: paul@houseofrefuge.us

**Laborer**

1/2001 - 1/2002                      *Construction Staffing*                      Phoenix, AZ

Landscaper using hand, power tools or equipment. To perform a variety of tasks, this included the following: sod laying, mowing, trimming, planting, watering, fertilizing, digging, raking, sprinkler installation and build concrete forms for sidewalks.

**Sorter**

12/2000 - 12/2000                      *Millium Textile Service*                      Phoenix, AZ

Sorting of soiled medical clothing and supplies.

**Laborer**

10/2000 - 11/2000                      *Arizona State Fair*                      Phoenix, AZ

Seasonal construction of exhibits and maintenance upkeep.

**Education History:**

6/1/1974      Miami Killian High School                      High School Diploma